



Proclamation

Be it known that

Whereas,

Sitting is the new smoking; with one in three children being overweight or obese and 80 percent of the American workforce having sedentary jobs, now is the time to take a stand (literally!) and get active; and,

Whereas,

Million Mile Month is a one-month challenge that encourages people to come together as one virtual community with the goal of walking, running, biking, skating or skateboarding one million miles; and,

Whereas,

Million Mile Month will raise awareness and educate adults and youth on the dangers of obesity and the importance of a lifestyle focused around good mental and physical health; and,

Whereas,

The City of Austin is among the many corporate, educational, non-profit and government groups statewide who are recruiting an estimated 20,000 participants for the Million Mile Month;

Now, Therefore,

I, Steve Adler, Mayor of the City of Austin, Texas, do encourage all Austinites to register and participate and do hereby proclaim

April, 2015

as

Million Mile Month

in Austin.

In witness whereof, I have hereunto set my hand and caused the seal of the City of Austin to be affixed this 26th Day of March in the Year Two Thousand Fifteen

Steve Adler, Mayor, City of Austin

